



CHILD, YOUTH, AND FAMILY MENTAL WELLNESS

TULALIP HEALTH SYSTEM

BEHAVIORAL HEALTH & RECOVERY

CYF
4033 76TH PL NW
TULALIP, WA 98271
☎ (360) 716-4224
☎ (360) 716-0751

CAC
2321 MARINE DR
TULALIP, WA 98271
☎ (360) 716-5437
☎ (360) 716-0852

HEALTH CLINIC
7520 TOTEM BEACH RD
TULALIP, WA 98271
☎ (360) 716-4511
☎ (425) 259-8626

BJTELA
7607 TOTEM BEACH RD
TULALIP, WA 98271
☎ (360) 716-4250
☎ (360) 716-0811

Requesting Services at Child, Youth, and Family Mental Wellness (CYF) *Frequently Asked Questions*

Who can be seen at Child, Youth, and Family Mental Wellness (CYF)?

- We provide mental health services for both American Indian/Alaska Native (AI/AN)* youth and non-AI/AN* youth who meet the definition of a *Clinical Family Member*** (see reverse for further information).

How can I request services through CYF?

- **Complete the *Request for Services* (referral) form:**
 - This form is used to gather the demographic and clinical information needed to schedule an appointment promptly and appropriately. All information on the form is required.
 - If you have any questions about completing the referral, please call us at 360-716-4224.
- **Return the *Request for Services* (referral) form:**
 - Fax to 360-716-0751
 - Bring to the reception desk at our primary location - 4033 76th PL NW Tulalip, WA 98271

When will my child/youth be scheduled for an appointment?

- We will only schedule youth for assessment/evaluation appointments when we have therapy openings.
- Once we have availability, we will contact the family to schedule an appointment.
- **For emergent requests:**
 - To discuss the emergent request and alternate resources (if needed), please call us at 360-716-4224 and ask to speak with the clinical supervisor.
 - Youth in emergent crisis should be referred to Tulalip Family Services reception at 360-716-4400 (during normal operating hours), or, you may also call *the Volunteers of America 24 Hour Crisis Line* at 1-800-584-3578.

Which provider will my child/youth see at the first appointment?

- Our clinical team includes a clinical psychologist, a psychiatric nurse practitioner, and licensed master's level therapists. New clients are scheduled according to provider match and availability. (If you are requesting services for medication management, the youth must first have an assessment/evaluation with a therapist prior to being referred to a prescriber.)

What is needed PRIOR to the first appointment?

- **Get and Provide Copies of Any Needed Legal Documentation**
 - Legal Guardian/Representative Documentation
 - Birth or adoptive parents do not need to bring legal documentation (unless they do not have legal custody).
 - If you are a legal guardian or legal representative of the youth, we will need copies of the legal documents stating this prior to scheduling the initial appointment (ie. *Letters of Guardianship, Medical and Education Authorization Order*).
 - If any of the following apply to the youth, you are asked to provide a copy of the document:
 - *Least Restrictive Alternative (LRA) or Conditional Release (CR)*; court-order for mental health/chemical dependency treatment; *Parenting Plan*; *Power of Attorney*; *Advanced Directives for Psychiatric Care*; *Protection Order*, *Placement Letter*

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- **Provide copies to:**
 - Fax to 360-716-0751
 - Bring to the reception desk at our primary location - 4033 76th PL NW Tulalip, WA 98271
- **Health Insurance**
 - If the youth does not have insurance, please contact *Tulalip Health System's Alternative Resources* at 360-716-4511 if you need assistance in applying.

What is needed AT the first appointment?

- Provide copies of relevant documents:
 - Insurance card(s)
 - Tribal ID
 - List of any currently prescribed and/or over-the-counter medications and/or supplements
 - Legal guardian's photo ID (Tribal ID, Driver's License, etc.)
 - If the youth has an *Individualized Education Plan (IEP)* or *504 Plan*, you are asked to provide a copy of the document
- Completed CYF forms and questionnaires
 - You may arrive early to the first appointment to complete the documents, or these documents can be sent to you to complete ahead of time, upon request.

**American Indian/Alaska Native (AI/AN) - A person having origins in any of the original peoples of North America.*

***Clinical Family Member (for mental health services only) – A person who maintains a familial relationship with a Tribal member, including:*

- *A person under age 19, and is the natural or adopted child, step-child, foster-child, legal ward, or orphan of an eligible AI/AN.*
- *A child in common, a foster or custodial child, or an adopted child placed within a family unit in which any member is an eligible AI/AN.*

Washington Apple Health (Medicaid): Tribal Health Billing Guide. (2018). [ebook] Washington State Health Care Authority, p.14. Available at: <https://www.hca.wa.gov/assets/billers-and-providers/Tribal-health-bi-20180101.pdf> [Accessed 24 Jan. 2018].